Resources for Lawyers and Judges Exploring Retirement & Reinvention

Books, podcasts, organizations, coaches, documentaries, and courses for life after law
"The goal is not to retire from something. The goal is to retire to something."

📚 Books

Chip Conley — *Learning to Love Midlife*
A guide to navigating midlife opportunities and embracing the role of the modern elder.

Oliver Burkeman — *Four Thousand Weeks: Time Management for Mortals* A reflection on the limits of time and how accepting those limits can help us focus on what matters most.

Marc E. Gurian — *The Wonder of Aging*
Explores how aging can be a period of growth, wisdom, creativity, and renewed purpose.

Joseph Campbell — *The Hero with a Thousand Faces*
A framework for understanding life's transitions and transformations.

Joan Chittister — *The Gift of Years*
Reflections on aging as a spiritual, emotional, and personal journey.

George E. Vaillant — *Aging Well*
Examines the factors that contribute to happiness, resilience, and fulfillment in later life.

Joseph F. Coughlin — *The Longevity Economy*
Challenges traditional assumptions about aging and highlights opportunities created by longer lives.

Daniel J. Levitin — *Successful Aging*
A science-based look at thriving physically, cognitively, and emotionally in later life.

Jonathan Rauch — *The Happiness Curve*
Explores how happiness often increases in the second half of life.

Zalman Schachter-Shalomi & Ronald S. Miller — *From Age-ing to Sage-ing*
A groundbreaking exploration of conscious aging and spiritual growth.

Steven Peters — *Aging with Agency*
Practical tools for approaching aging proactively and cultivating resilience.

Dorian Mintzer & Roberta K. Taylor — *The Couple's Retirement Puzzle*
Conversations and practical guidance for creating an amazing new life together.

Ida Abbott — *Retirement by Design*
Written specifically for lawyers and professional service providers planning their next chapter.

Richard Collier — *Lawyers at Midlife: Laying the Groundwork for the Road Ahead*
A guide to thinking intentionally about the transition from a long legal career.

Rex Warner — *Get a Life: You Don't Need a Million to Retire Well*
A perspective on creating a fulfilling retirement without waiting for perfect financial circumstances.

Bill Burnett & Dave Evans — *Designing Your Life*
A life-design methodology for prototyping meaningful future possibilities.

🎧 Podcasts

The Midlife Chrysalis
Conversations with thought leaders on aging, purpose, wisdom, and reinvention.

Retirement Wisdom Podcast
Interviews with experts and retirees on creating a meaningful retirement.

Counsel to Counsel — Stephen Seckler
Career advice and transition guidance for lawyers. Includes an interview with Steve Herman on retirement planning.

Curated Retirement
Practical and inspiring conversations about designing a purposeful retirement.

The Arthur Brooks Podcast
Insights on happiness, purpose, and flourishing in the second half of life.

How To!
Selected episodes featuring Arthur Brooks on happiness and life transitions.

Brené Brown's *Unlocking Us*
Conversations on vulnerability, courage, and living wholeheartedly.

On Being — Krista Tippett
Explorations of meaning, faith, ethics, and the big questions of life.

🌱 Organizations & Learning Communities

Modern Elder Academy (MEA)
Founded by Chip Conley. Workshops, retreats, courses, and a global community focused on midlife transitions, purpose, and longevity.

Retirement Wisdom
Founded by Joe Casey. Coaching, workshops, podcasts, and resources focused on life beyond work.

🧭 Coaches & Advisors

Ida Abbott
Pioneer in lawyer retirement planning, leadership development, and succession planning.

Stephen Seckler
Former attorney and career coach specializing in lawyer career transitions and encore careers.

Tammy Vigue
Founder of Curated Retirement, offering coaching and community programs for intentional retirement design.

Joe Casey
Executive coach, retirement educator, and host of the Retirement Wisdom Podcast.

Kirsten Meneghello
Retirement coach helping individuals prepare for the emotional and psychological aspects of retirement.

Sue Mintz
Founder of the Jewish Retirement Network and retirement transition coach.

Barb Mason
Retirement coach and educator supporting balanced and intentional retirement.

Dorian Mintzer
Retirement transition specialist working with individuals and groups on life after full-time work.

Richard Leider
Internationally recognized coach and author focused on purpose and life planning.

Bill Burnett & Dave Evans
Stanford educators whose life-design methodology helps people prototype meaningful futures.