



THE NORTH CAROLINA LAWYER ASSISTANCE PROGRAM PRESENTS

February 20, 2015

Sheraton Chapel Hill
One Europa Drive
Chapel Hill, NC 27517

The theme for
this year's
conference is:
Identifying and
Overcoming
Stressors and
Special Factors
in our Personal
and Professional
Lives

5th ANNUAL

MINORITY OUTREACH CONFERENCE



Continuing
Education:

CLE: 5.0 Total Hours
(2.0 ethics credit and
3.0 mental health and
substance abuse credit)

Speakers



Terrie Williams, LCSW and Best-Selling Author

Terrie's critically acclaimed book, entitled *Black Pain: It Just Looks Like We're Not Hurting* (2008), is credited with starting an unprecedented national dialogue that recounts her personal struggles with depression, and the impact the stigma of mental illnesses have particularly on the African American community. Her dialogue has led to a national mental health advocacy campaign called "Sharing Ourselves...Healing Starts With Us" with the

collaboration of the Ad Council's and SAMHSA's Campaign of Mental Health Recovery. The campaign has garnered \$2.5 million in donated national advertising space and 11 million media impressions to significantly heighten the awareness and importance of mental and emotional health. Terrie is a member of the NCAA Mental Health Task Force and spoke at the United Nations' World Mental Health Day in 2012 where she provided a global perspective on mental health and depression—and shared some commonalities that exist worldwide.



Cheri Beasley

Justice Cheri Beasley has been honored to serve as an associate justice on the Supreme Court of North Carolina since being appointed in 2012. Having been recently elected, she is now serving a full eight-year term on our state's highest court. Prior to her service on the Supreme Court, Justice Beasley served for four years on the North Carolina Court of Appeals, where she was the first African American woman elected statewide without the benefit of incumbency by virtue of a gubernatorial appointment. On the court of appeals, she authored over 400 opinions for

the court and rendered decisions in over 1,200 cases. Justice Beasley also served as a district court judge in Cumberland County for ten years. On the district court she presided over both criminal and civil courts, and served as a family court and certified juvenile court judge.



Adams

Glenn Adams

Private practice; chairman and board member of NCCU Board of Trustees; past-president of Cumberland County Bar; clerk for NC Court of Appeals-Judge Clifton Johnson; recipient of The Order of the Long Leaf Pine Award.



Arrington

Lenita Arrington

Private solo practice in Roanoke Rapids with emphasis on family law and immigration law.



Winston B. Crisp

Vice chancellor for student affairs at the University of North Carolina at Chapel Hill.



Claudia McClinton

Private small firm practice in Raleigh with emphasis on family law and criminal law.



Courtney Nesbitt, LCSW, LISW-CP

Private practice counselor in Charlotte with experience working with Black professionals.



Terry Sherrill

Private solo practice in Charlotte with emphasis on criminal law. Member of the John S. Leary Bar Association and North Carolina Bar Association, LAP volunteer, LAP Foundation Board member, deacon and board chair - Greater Salem Church, Charlotte, NC.



Fred Williams

Associate professor of law at North Carolina Central University School of Law and board member of the Alcohol and Drug Council of North Carolina.

Schedule

9:00-10:00 AM Registration and check-in

10:00-10:30 AM Keynote Address

- Justice Cheri Beasley

10:30 – 12:00 PM Roundtable Discussion

Special Considerations Unique to African American Attorneys

- Winston Crisp
- Glenn Adams
- Fred Williams
- Claudia McClinton
- Lenita Arrington
- Terry Sherrill

This year the roundtable discussion will continue to examine and discuss special and unique considerations for African American attorneys. Due to specific feedback from attendees in past conferences, more emphasis will be on solo practice special considerations this year. Continuing the discussion from last year, topics will include isolation, cultural backlash against professionals, unique demands of solo practice in small towns, the inherent demands in increasing diversity initiatives, and more. The panel will be looking at these issues from several perspectives.

12:00 – 1:00 PM Lunch

1:00 – 2:30 PM Courtney Nesbitt, LCSW, LISW-P

Professional and Black: Owning the Differences, Addressing the Barriers, Finding the Balance

African American professionals experience cultural pressure and isolation that Caucasian professionals do not, resulting in special mental health adaptations and issues. Ms. Nesbitt will examine coping mechanisms that are both healthy and unhealthy and accepted and unaccepted amongst African American professionals. Special emphasis on the current national upheaval and racial tension resulting from the recent police shooting incidents and the public response across the nation, exploring the ripple effects in African American professional communities and resulting mental health effects.

2:30 – 2:45 PM Break

2:45 – 4:15 PM Terrie Williams, LCSW and Best-Selling Author

Black Pain, It Only Looks Like We're Not Hurting

Terrie had made it: she had launched her own public relations company with such clients as Eddie Murphy and Johnnie Cochran. Yet she was in constant pain, waking up in terror, overeating in search of relief. For thirty years she kept on her game face of success, exhausting herself daily to satisfy her clients' needs while neglecting her own. She finally collapsed, staying in bed for days. She had no clue what was wrong or if there was a way out. She had hit rock bottom. She needed help. Fortunately, she got help. She learned her problem had a name—depression—and that many suffered from it, limping through their days, hiding their hurt. As she healed, her mission became clear: break the silence of this crippling taboo and help those who suffer.

4:15 PM Closing Remarks, Evaluations, Adjournment

4:30 PM Reception and Book Signing by Ms. Williams

FlyLeaf Books will be on hand selling copies of *Black Pain* during the reception.

Conference hotel — Sheraton Chapel Hill

1 Europa Dr., Chapel Hill, NC 27517

From the West

Take Interstate 40 East to Exit 270.

Turn right on 15-501 South to Chapel Hill.

Proceed 1.3 miles.

Make a left U-turn (look for the overhead Europa Drive U-turn sign).

Turn right onto Europa Drive and proceed to the hotel.

From the North

Take Interstate 85 South to Durham NC.

Take exit 174A to 15-501 South 8 miles towards Chapel Hill.

Cross Interstate 40.

Drive approximately 1.3 miles.

Make a left U-turn (look for the Europa Drive U-turn sign).

Turn right on Europa Drive and proceed to the hotel.

From the South

Take Interstate 85/40 North.

At I-85/I-40 split, merge right, staying on I-40 towards Chapel Hill.

Take Exit 270 to 15-501 South.

Proceed 1.3 miles to the Europa Drive/Erwin Road intersection.

Yield left onto Europa Drive and proceed to the hotel.

Overflow Parking Details

Please plan to arrive early as we expect an overflow parking situation, and carpool if at all possible. Overflow parking will be around the corner from the hotel at the American Legion, near the intersection of Europa and Legion Road at 1714 Legion Rd. The hotel will provide shuttle service to and from the American Legion. Be careful not to park anywhere but the hotel parking lot or the American Legion parking lot or your car will be towed.

**For questions or further information about this conference,
please contact Susie Taylor, LAP special projects manager, at
susie@nclap.org or (704) 892-5699.**
