

# Examples for Assistance with Inventory Forms

## People (examples of who might resent)

Spouse  
Children  
Parents  
Brother/Sister  
In-laws  
Bosses  
Employees  
Neighbors  
Girl/Boy Friend  
Pastor/Priest  
My Lawyer  
My Doctor  
Friends  
Childhood friends

## Institutions (examples we might resent)

Church/Religion  
Clubs  
IRS  
State/Federal Government  
Corporations  
Banks/Brokerages  
Law Enforcement (CIA, FBI, local police, etc)  
Court/Judicial System  
Healthcare System  
Mental Health System  
Insurance Industry  
College/University  
Big Industry  
Big Pharma

## Principles (examples we might resent)

Monogamy  
Personal responsibility  
Respect for elders  
Honor mother and father  
Work policies (expense reimbursement, sick leave, etc)

## Expanded List of Possible Character Defects:

Pride (false and unrealistic opinion of self; inflated ego)  
Lust  
Anger  
Greed  
Gluttony  
Envy / Jealousy  
Sloth  
Blaming  
Defensiveness  
Demanding  
Dependence  
Impatience  
Intolerance  
Impulsiveness  
Isolation  
Mothering  
Managing  
Martyrdom  
Manipulation  
Overly Sensitive  
Procrastination  
Rationalization  
Unrealistic expectations (of others or a situation)  
Vengeance  
Victim Syndrome  
Worry